



### **Trucking regulations**

The FMCSA has proposed nine major changes to its methodology, including reorganizing BASICS, roadside violations, and severity weights. The changes also focus more on carriers who have received a violation in the last 12 months.

### **Drug and Alcohol Clearinghouse**

Starting November 18, 2024, drivers with a "prohibited" status in the Clearinghouse will lose their state-issued commercial driving privileges. This will result in a downgrade of the CDL until the driver completes the return-to-duty (RTD) process.

### **DOT physicals**

In 2024, blood pressure will be used to determine certification length:

**Stage 1:** Blood pressure of 140/90 to 159/99 will result in a one-year certification.

**Stage 2:** Blood pressure of 160/100 to 179/109 will result in a three-month certification. If testing at three months shows a blood pressure of 140/90, the driver may be certified for one year at that time

The 101 Days of Summer start on Memorial Day weekend and go until Labor Day. More miles are driven per month in these 101 days than any other months of the year. On average most people die in traffic accidents during the summer months (July and August) than in any other months of the year. Of the 10 deadliest days on American roads half of them historically have fallen between Memorial Day to Labor Day.

**July  
12  
2024**