Public Burden Statement

A Federal agency may not conduct or sponsor, and a person is not required to respond to, nor shall a person be subject to a penalty for failure to comply with a collection of information subject to the requirements of the Paperwork Reduction Act unless that collection of information displays a current valid OMB Control Number. The OMB Control Number for this information collection is 2126-0006. Public reporting for this collection of information are semanted to be approximately 25 minutes per response, including the time for reviewing instructions, gathering the data needed, and completing and reviewing the collection of information. All response to this collection of information are mandatory. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to: Information Collection Clearance Officer, Federal Motor Carrier Safety Administration, MC-RRA, 1200 New Jersey Avenue, SE, Washington, D.C. 20590.

U.S. Department of Transportation Federal Motor Carrier Safety Administration

Medical Examination Report Form

(for Commercial Driver Medical Certification)

PRIVACY ACT STATEMENT: This statement is provided pursuant to the Privacy Act of 1974, <u>5 USC § 552a</u>.

AUTHORITY: Title 49, United States Code (USC), 49 USC 31133(a)(8) and 31149(c)(1)(E).

PURPOSE: To record results of a driver's physical examination, to determine qualification to operate a commercial motor vehicle (CMV), and to promote driver health in interstate commerce according to the requirements in <u>49 CFR 391.41-49</u>. Providing this information is mandatory. If this information is not provided, the medical examiner will not be able to determine qualification to operate a CMV in interstate commerce according to the requirements of a driver's physical examination and to determine qualification to operate a CMV in interstate commerce according to the requirements in <u>49 CFR 391.41-49</u>. To record results of a driver's physical examination and to determine qualification to operate

a CMV in intrastate commerce when the driver is required by a State to be examined by a medical examiner listed on the National Registry of Certified Medical Examiners in accordance with the provisions of 49 CFR 391.41-49 and any variances from the physical qualification standards adopted by such State.

Medical examiners are required to complete the Medical Examination Report Form for every driver physical examination performed in accordance with <u>49 CFR 391.41</u>. Each original (paper or electronic) completed Medical Examination Report Form must be retained on file at the office of the medical examiner for at least 3 years from the date of examination. The medical examiner must make all records and information in these files available to an authorized representative of FMCSA or an authorized Federal, State, or local enforcement agency representative, within 48 hours after the request is made [<u>49 CFR 391.43(i)</u>].

ROUTINE USES: The information is used for the purpose set forth above and may be forwarded to Federal, State, or local law enforcement agencies for their use. Medical Examination Report Forms collected by FMCSA will be stored in FMCSA's automated National Registry of Certified Medical Examiners System and will be used to monitor the performance of medical examiners listed on the National Registry.

In addition to those disclosures permitted under <u>5 USC 552a(b)</u> of the Privacy Act of 1974, additional disclosures may be made in accordance with the U.S. Department of Transportation (DOT) Prefatory Statement of General Routine Uses published in the Federal Register on December 29, 2010 (<u>75 FR 82132</u>), under "Prefatory Statement of General Routine Uses" (available at <u>http://www.dot.gov/privacy/privacyactnotices</u>).

ACKNOWLEDGMENT: I understand the provisions of the Privacy Act of 1974 as related to me through the above-mentioned statement.

Driver's Signature:

Date: ___

SECTION 1. Driver Information (to be filled out by the driver)

PERSONAL INFORMATION				
Last Name:	First Name:	Middle Initial:	Date of Birth:	Age:
Street Address:	City:	9	State/Province:	_ Zip Code:
Driver's License Number:				Gender: \bigcirc M \bigcirc F
E-mail (optional):		CLP/CDL Applicant/H	older*: 🔿 Yes 🔿 No	
		Driver ID Verified By**	÷:	
Has your USDOT/FMCSA medical certificate eve	r been denied or issued for less			
*CLP/CDL Applicant/Holder: See instructions for definitions.		**Driver ID Verified By: Record what type of	photo ID was used to verify the identity of th	ne driver, e.g., CDL, driver's license, passport.
DRIVER HEALTH HISTORY				
Have you ever had surgery? If "yes," please list a	nd explain below		\cap	Yes 🔿 No 🔿 Not Sure
Thave you ever that surgery: If yes, please list a			0	
			0	
			0	
Are you currently taking medications (prescription of the second stress		edies, diet supplements) ?		Yes () No () Not Sure
Are you currently taking medications (prescript		edies, diet supplements) ?		
Are you currently taking medications (prescript		edies, diet supplements) ?		
Are you currently taking medications (prescript		edies, diet supplements) ?		

MEDICAL RECORD #

(or sticker)

Form MCSA-5875				OMB No. 2126-0006 Expirat	ion Da	te: 8/3	31/201
Last Name: First Name:				DOB: Exam Date:			
DRIVER HEALTH HISTORY (continued)							
Do you have or have you ever had:	Yes	No	Not Sure		Yes	No	No Sur
1. Head/brain injuries or illnesses (e.g., concussion)	\bigcirc	\bigcirc	\bigcirc	16. Dizziness, headaches, numbness, tingling, or memory	\bigcirc	\bigcirc	С
2. Seizures, epilepsy	\bigcirc	\overline{O}	\tilde{O}	loss	Ŭ	U	Ċ
3. Eye problems (except glasses or contacts)	0	\overline{O}	Õ	17. Unexplained weight loss	0	\bigcirc	С
4. Ear and/or hearing problems	0	0	Õ	18. Stroke, mini-stroke (TIA), paralysis, or weakness	Ο	Ο	С
5. Heart disease, heart attack, bypass, or other heart problems	0	0	0	19. Missing or limited use of arm, hand, finger, leg, foot, toe 20. Neck or back problems	\bigcirc	\bigcirc	C
6. Pacemaker, stents, implantable devices, or other heart procedures	0	0	0	21. Bone, muscle, joint, or nerve problems	0	0	C
7. High blood pressure	\cap	\cap	\bigcirc	22. Blood clots or bleeding problems	0	0	C
8. High cholesterol	\bigcirc	\bigcirc	\bigcirc	23. Cancer	0	0	(
9. Chronic (long-term) cough, shortness of breath, or other	0	\bigcirc	\bigcirc	24. Chronic (long-term) infection or other chronic diseases	0	0	(
breathing problems	0	0	0	25. Sleep disorders, pauses in breathing while asleep, daytime sleepiness, loud snoring	0	0	C
0. Lung disease (e.g., asthma)	0	0	0	26. Have you ever had a sleep test (e.g., sleep apnea)?	Ο	Ο	C
1. Kidney problems, kidney stones, or pain/problems with urination	\bigcirc	0	0	27. Have you ever spent a night in the hospital?	Ο	Ο	C
2. Stomach, liver, or digestive problems	\cap	\cap	\bigcirc	28. Have you ever had a broken bone?	Ο	Ο	C
3. Diabetes or blood sugar problems	\bigcirc	0	\bigcirc	29. Have you ever used or do you now use tobacco?	Ο	Ο	C
Insulin used	\bigcirc	\bigcirc	\bigcirc	30. Do you currently drink alcohol?	Ο	Ο	C
4. Anxiety, depression, nervousness, other mental health problems	0	0	0	31. Have you used an illegal substance within the past two years?	0	0	C
5. Fainting or passing out	0	0	0	32. Have you ever failed a drug test or been dependent on an illegal substance?	0	0	C
Other health condition(s) not described above:				○ Yes ○ N	<u>o</u> ()	Not	Su
Did you answer "yes" to any of questions 1-32? If so, please c	omm	ent f	further	r on those health conditions below. \bigcirc Yes \bigcirc N	o ()	Not	Sui
CMV DRIVER'S SIGNATURE							
and my Medical Examiner's Certificate, that submission of fram	udule	nt o	r inten	at inaccurate, false or missing information may invalidate the e tionally false information is a violation of <u>49 CFR 390.35</u> , and th inal penalties under <u>49 CFR 390.37</u> and <u>49 CFR 386</u> Appendice	at su	bmis	sior
Driver's Signature:				Date:			
SECTION 2. Examination Report (to be filled out by the medica	al exa	mine	er)				
DRIVER HEALTH HISTORY REVIEW							
Review and discuss pertinent driver answers and any available mea driver's safe operation of a commercial motor vehicle (CMV).	dical r	ecord	ds. Corr	nment on the driver's responses to the "health history" questions that	may a	affect	the

Form MCSA-5875							OMB No. 2126-	0006 Expirati	on Date: 8/31/201
Last Name:			First Name:		DOB:		Exam [Date:	
TESTING									
Pulse rate:	Pulse rhyth	nm regular: \subset	Yes 🔿 No		Height:feetind	thes Weight:	pounds		
Blood Pressure	Systolic		Diastolic		Urinalysis	Sp. Gr.	Protein	Blood	Sugar
Sitting					Urinalysis is required	•			
Second reading (optional)					Numerical readings must be recorded.				
Other testing if ind	dicated				Protein, blood, or sugai rule out any underlying			ion for furthe	r testing to
Vision Standard is at least 2 least 70° field of visio rective lenses should	on in horizontal me	ridian measure	ed in each eye. T		Hearing Standard: Must first pero hearing loss of less than				
Acuity	Uncorrected	Corrected	Horizontal F	ield of Vision	Check if hearing aid u] Right Ear 🗌		
Right Eye:	20/	20/	Right Eye:	degrees	Whisper Test Results			2	t Ear Left Ear
Left Eye:	20/	20/	Left Eye:		Record distance (in fee whispered voice can f		it which a for	ced	

PHYSICAL EXAMINATION	

Both Eyes:

Monocular vision

The presence of a certain condition may not necessarily disqualify a driver, particularly if the condition is controlled adequately, is not likely to worsen, or is readily amenable to treatment. Even if a condition does not disqualify a driver, the Medical Examiner may consider deferring the driver temporarily. Also, the driver should be advised to take the necessary steps to correct the condition as soon as possible, particularly if neglecting the condition could result in a more serious illness that might affect driving.

Yes No OR

 $\bigcirc \bigcirc$

 $\bigcirc \bigcirc$

○ ○ 500 Hz

○ ○ Audiometric Test Results

Average (right):

1000 Hz 2000 Hz

Left Ear

500 Hz

Average (left):

1000 Hz

2000 Hz

Right Ear

Check the body systems for abnormalities.

Referred to ophthalmologist or optometrist?

20/___

Applicant can recognize and distinguish among traffic control

Received documentation from ophthalmologist or optometrist?

signals and devices showing red, green, and amber colors

20/

Body System	Normal	Abnormal	Body System	Normal	Abnormal
1. General	\bigcirc	\bigcirc	8. Abdomen	0	\bigcirc
2. Skin	\bigcirc	\bigcirc	9. Genito-urinary system including hernias	0	\bigcirc
3. Eyes	0	0	10. Back/Spine	0	\bigcirc
4. Ears	\bigcirc	\bigcirc	11. Extremities/joints	0	\bigcirc
5. Mouth/throat	\bigcirc	\bigcirc	12. Neurological system including reflexes	0	\bigcirc
6. Cardiovascular	\bigcirc	\bigcirc	13. Gait	0	\bigcirc
7. Lungs/chest	\bigcirc	\bigcirc	14. Vascular system	\bigcirc	\bigcirc
Discuss any apportant answers in detail in the space below	and indica	to whother it	would affect the driver's ability to operate a CMV		

Discuss any abnormal answers in detail in the space below and indicate whether it would affect the driver's ability to operate a CMV. Enter applicable item number before each comment.

Form MCSA-5875

Last Name:	First Name:	DOB:	Еха	m Date:				
Please complete only one of the following (Federal or State) Medical Examiner Determination sections:								
MEDICAL EXAMINER DETERMI	NATION (Federal)							
Use this section for examinations p	performed in accordance with the Federal Motor	Carrier Safety Regu	lations (<u>49 CFR 391.41-391.4</u>	<u>9</u>):				
O Does not meet standards (spe	ecify reason):							
O Meets standards in 49 CFR 391.41; qualifies for 2-year certificate								
O Meets standards, but periodi	ic monitoring required (specify reason):							
Driver qualified for: 0 3 n	nonths 🔿 6 months 🔿 1 year 🔿 d	other (specify):		_				
	Wearing hearing aid Accompanie							
	ormance Evaluation (SPE) Certificate Qua	lified by operation	of <u>49 CFR 391.64 (Federal)</u>					
	tracity zone (see <u>49 CFR 391.62) (Federal)</u>							
	cify reason):							
	Return to medical exam office for follow-up on (must be 45 days or less):							
	Medical Examination Report amended (specify reason):							
	Examiner's Signature:							
Incomplete examination (spe	ecify reason):							
If the driver meets the stand	ards outlined in <u>49 CFR 391.41</u> , then complete a M	edical Examiner's Ce	rtificate as stated in <u>49 CFR 3</u>	91.43(h), as appropriate.				
	for certification. I have personally reviewed all knowledge, I believe it to be true and correct.	available records a	and recorded information p	pertaining to this evaluation,				
Medical Examiner's Signature:								
	e print or type):							
Medical Examiner's Address:		City:	State:	Zip Code:				
Medical Examiner's Telephone N	umber:	Date Certificate	Signed:					
Medical Examiner's State License	e, Certificate, or Registration Number:			Issuing State:				
MD DO Physician A	Assistant 🗌 Chiropractor 🗌 Advanced Prac	tice Nurse						
Other Practitioner (specify):								
National Registry Number:		Medical Exam	iner's Certificate Expiratior	n Date:				

Form MCSA-5875

OMB No. 2126-0006 Expiration Date: 8/31/2018

Last Name:	First Name:	DOB:	Exam	Date:			
MEDICAL EXAMINER DETERMINATION (State)							
Use this section for examinations performed in accordance with the Federal Motor Carrier Safety Regulations (<u>49 CFR 391.41-391.49</u>) with any applicable State variances (which will only be valid for intrastate operations):							
O Does not meet standards in <u>49 CFR 391.41</u> with any applicable State variances (specify reason):							
O Meets standards in <u>49 CFR 391.</u>	41 with any applicable State variances						
O Meets standards, but periodic n	monitoring required (specify reason):						
	nths () 6 months () 1 year Wearing hearing aid () Accom						
Accompanied by a Skill Perform	nance Evaluation (SPE) Certificate	Grandfathered from State re	equirements (State)				
If the driver meets the standards	outlined in <u>49 CFR 391.41</u> , with applicable	e State variances, then complet	e a Medical Examiner's Ce	rtificate, as appropriate.			
	r certification. I have personally review wwledge, I believe it to be true and cor		ecorded information pe	rtaining to this evaluation,			
Medical Examiner's Signature:							
Medical Examiner's Name (please pr	int or type):						
Medical Examiner's Address:		City:	State:	Zip Code:			
Medical Examiner's Telephone Number: Date Certificate Signed:							
Medical Examiner's State License, Certificate, or Registration Number: Issuing State:							
MD DO Physician Assistant Chiropractor Advanced Practice Nurse							
Other Practitioner (specify):							
National Registry Number:		Medical Examiner	's Certificate Expiration I	Date:			

Instructions for Completing the Medical Examination Report Form (MCSA-5875)

I. Step-By-Step Instructions

Driver:

Privacy Act Statement - Please read, sign and date the Statement acknowledging that you understand the provisions of the Privacy Act of 1974 as written.

Section 1: Driver information

- **Personal Information**: Please complete this section using your name as written on your driver's license, your current address and phone number, your date of birth, age, gender, driver's license number and issuing state.
 - CLP/CDL Applicant/Holder: Check "yes" if you are a commercial learner's permit (CLP) or commercial driver's license (CDL) holder, or are applying for a CLP or CDL. CDL means a license issued by a State or the District of Columbia which authorizes the individual to operate a class of a com-mercial motor vehicle (CMV). A CMV that requires a CDL is one that: (1) has a gross combina-tion weight rating or gross combination weight of 26,001 pounds or more inclusive of a towed unit with a gross vehicle weight rating (GVWR) or gross vehicle weight (GVW) of more than 10,000 pounds; or (2) has a GVWR or GVW of 26,001 pounds or more; or (3) is designed to transport 16 or more passengers, including the driver; or (4) is used to transport either hazardous materials requiring hazardous materials placards on the vehicle or any quantity of a select agent or toxin.
 - **Driver ID Verified By**: The Medical Examiner/staff completes this item and notes the type of photo ID used to verify the driver's identity such as, commercial driver's license, driver's license, or passport, etc.
 - Question: Has your USDOT/FMCSA medical certificate ever been denied or issued for less than two years? Please check the correct box "yes" or "no" and if you aren't sure check the "not sure" box.

Driver Health History:

- **Have you ever had surgery:** Please check "yes" if you have ever had surgery and provide a written explanation of the details (type of surgery, date of surgery, etc.)
- Are you currently taking medications (prescription, over-the-counter, herbal remedies, diet supplements): Please check "yes" if you are taking any diet supplements, herbal remedies, or prescrip-tion or over the counter medications. In the box below the question, indicate the name of the medication and the dosage.
- **#1-32:** Please complete this section by checking the "yes" box to indicate that you have, or have ever had, the health condition listed or the "No" box if you have not. Check the "not sure" box if you are unsure.
- **Other Health Conditions not described above**: If you have, or have had, any other health conditions not listed in the section above, check "Yes" and in the box provided and list those condition(s).
- Any yes answers to questions #1-32 above: If you have answered "yes" to any of the questions in the Driver Health History section above, please explain your answers further in the box below the question. For example, if you answered "yes" to question #5 regarding heart disease, heart attack, bypass, or other heart problem, indicate which type of heart condition. If you checked "yes" to question #23 regarding cancer, indicate the type of cancer. Please add any information that will be helpful to the Medical Examiner.
- **CMV Driver Signature and Date:** Please read the certification statement, sign and date it, indicating that the information you provided in Section 1 is accurate and complete.

Medical Examiner:

Section 2: Examination Report

Driver Health History Review: Review answers provided by the driver in the driver health history section and discuss any "yes" and "not sure" responses. In addition, be sure to compare the medication list to the health history responses ensuring that the medication list matches the medical conditions noted. Explore with the driver any answers that seem unclear. Record any information that the driver omitted. As the Medical Examiner conducting the driver's physical examination you are required to complete the entire medical examination even if you detect a medical condition that you consider disqualifying, such as deafness. Medical Examiners are expected to determine the driver's physical qualification for operating a commercial vehicle safely. Thus, if you find a disqualifying condition for which a driver may receive a Federal Motor Car-rier Safety Administration medical exemption, please record that on the driver's Medical Examiner's Cer-tificate, Form MCSA-5876, as well as on the Medical Examination Report Form, MCSA-5875.

Testing:

•

- Pulse rate and rhythm, height, and weight: record these as indicated on the form.
- **Blood Pressure:** record the blood pressure (systolic and diastolic) of the driver being examined. A second reading is optional and should be recorded if found to be necessary.
- Urinalysis: record the numerical readings for the specific gravity, protein, blood and sugar.
- Vision: The current vision standard is provided on the form. When other than the Snellen chart is used, give test results in Snellen-comparable values. When recording distance vision, use 20 feet as normal. Record the vision acuity results and indicate if the driver can recognize and distinguish among traffic control signals and devices showing red, green, and amber colors; has monocular vision; has been referred to an ophthalmologist or optometrist; and if documentation has been received from an ophthalmologist or optometrist.
- **Hearing:** The current hearing standard is provided on the form. Hearing can be tested using either a whisper test or audiometric test. Record the test results in the corresponding section for the test used.
- **Physical Examination:** Check the body systems for abnormalities and indicate normal or abnormal for each body system listed. Discuss any abnormal answers in detail in the space provided and indicate whether it would affect the driver's ability to safely operate a commercial motor vehicle.

In this next section, you will be completing either the Federal or State determination, not both.

- Medical Examiner Determination (Federal): Use this section for examinations performed in accordance with the FMCSRs (<u>49 CFR 391.41-391.49</u>). Complete the medical examiner determination section completely. When determining a driver's physical qualification, please note that English language proficiency (<u>49 CFR part 391.11</u>: General qualifications of drivers) is not factored into that determination.
 - **Does not meet standards:** Select this option when a driver is determined to be not qualified and provide an explanation of why the driver does not meet the standards in 49 CFR 391.41.
 - Meets standards in 49 CFR 391.41; qualifies for 2-year certification: Select this option when a driver is determined to be qualified and will be issued a 2-year Medical Examiner's Certificate.

- Meets standards, but periodic monitoring is required: Select this option when a driver is determined to be qualified but needs periodic monitoring and provide an explanation of why periodic moni-toring is required. Select the corresponding time frame that the driver is qualified and if selecting other, specify the time frame.
 - **Determination that driver meets standards:** Select all categories that apply to the driver's certification (e.g., wearing corrective lenses, accompanied by a waiver/exemption, driving within an exempt intracity zone, etc.).
- Determination pending: Select this option when more information is needed to make a qualification decision and specify a date, on or before the 45 day expiration date, for the driver to return to the medical exam office for follow-up. This will allow for a delay of the qualification decision for as many as 45 days. If the disposition of the pending examination is not updated via the National Registry on or before the 45 day expiration date, FMCSA will notify the examining medical examiner and the driver in writing that the examination is no longer valid and that the driver is required to be re-examined.
- MER amended: A Medical Examination Report Form (MER), MCSA-5875, may only be amended while in determination pending status for situations where new information (e.g., test results, etc.) has been received or there has been a change in the driver's medical status since the initial examination, but prior to a final qualification determination. Select this option when a Medical Examination Report Form, MCSA-5875, is being amended; provide the reason for the amendment, sign and date. In addition, initial and date any changes made on the Medical Examination Report Form, MCSA-5875. A Medical Examination Report Form, MCSA-5875, cannot be amended after an examination has been in determination pending status for more than 45 days or after a final qualification determination has been made. The driver is required to obtain a new physical examination and a new Medical Examination Report Form, MCSA-5875, should be completed.
- **Incomplete examination:** Select this when the physical examination is not completed for any reason (e.g., driver decides they do not want to continue with the examination and leaves) other than situations outlined under determination pending.
- **Medical Examiner information, signature and date:** Provide your name, address, phone number, occupation, license, certificate, or registration number and issuing state, national registry number, Medi-cal Examiner's Certificate expiration date, signature and date.

Medical Examiner Determination (State): Use this section for examinations performed in accordance with the FMCSRs (<u>49 CFR 391.41-391.49</u>) with any applicable State variances (which will only be valid for intrastate operations). Complete the medical examiner determination section completely.

- **Does not meet standards in 49 CFR 391.41 with any applicable State variances:** Select this option when a driver is determined to be not qualified and provide an explanation of why the driver does not meet the standards in 49 CFR 391.41 with any applicable State variances.
- Meets standards in 49 CFR 391.41 with any applicable State variances: Select this option when a driver is determined to be qualified and will be issued a 2-year Medical Examiner's Certificate.
- **Meets standards, but periodic monitoring is required:** Select this option when a driver is determined to be qualified but needs periodic monitoring and provide an explanation of why periodic moni-toring is required. Select the corresponding time frame that the driver is qualified and if selecting other, specify the time frame.
 - **Determination that driver meets standards:** Select all categories that apply to the driver's certification (e.g., wearing corrective lenses, accompanied by a waiver/exemption, etc.).

- **Medical Examiner information, signature and date:** Provide your name, address, phone number, occupation, license, certificate, or registration number and issuing state, national registry number, Medi-cal Examiner's Certificate expiration date, signature and date.
- II. If updating an existing exam, you must resubmit the new exam results, via the Medical Examination Results Form, MCSA-5850, to the National Registry, and the most recent dated exam will take precedence.
- III. To obtain additional information regarding this form go to the Medical Program's page on the Federal Motor Carrier Safety Administration's website at http://www.fmcsa.dot.gov/regulations/medical.